

## Area of Work



Gender Equality

Child Rights



Adolescent Health



Maternal Health



WASH



## Geographical Coverage



Extensively working in Uttar Pradesh and Covering all District

# OUR PARTNERS

**unicef**  
unite for children



**WaterAid**

**OCRS**  
CATHOLIC RELIEF SERVICES

**lpas**  
Health Access Rights

**Bank of America**

**act:onaid**



Global Health Strategies



**VATSALYA**

*Resource Centre for Health*



**Stop sex selection, celebrate the girl child!**

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## Background

Vatsalya is a resource centre founded in 1995 by a group of medical practitioners. While the primary focus of the organisation has been to curb gender biased sex selective elimination, Vatsalya also works in the area of nutrition, child rights, maternal health, water sanitation and hygiene (WASH), menstrual hygiene management (MHM), it facilitates implementation of government scheme by building capacity at different levels; generating IEC (Information Education & Communication) materials; and providing supportive supervision.

## Vision

A gender-equal society where children and women are safe, healthy and educated so that they can attain their fullest potential and be equal, informed and empowered citizen.

## Mission

To enable, implement, innovate and support policies and programs that enhance capabilities of children and women to help them and attain their rights.

## Strategies

- Nurturing leaders to address issues such as gender discrimination; sex selective elimination of girl child; child rights; malnutrition; adolescent and maternal health and WASH (Water, Sanitation and Hygiene).
- Advocating and collaborating with like-minded stakeholders to influence policies and governance.
- Developing models for implementation that can be upscaled.
- Documenting best practices and generating evidence through research; developing IEC materials.

## Areas of Work

### Empowering Adolescents :

- Ensuring re-enrollment of disadvantaged and marginalized girls in KGBVs through mapping at primary and secondary education.
- Addressing the issue of child marriage by mobilizing the community; creating awareness and ensuring strict law enforcement. Empowering adolescent girls on life-skills; linking them with welfare schemes to break the cycle of poverty, illiteracy and gender discrimination.
- Improving adolescent health by providing technical support to Health, ICDS and Education departments; ensuring service delivery and supportive supervision for effective implementation of the weekly iron and folic acid supplementation (WIFS) program.
- Training adolescent girls on menstrual hygiene management; addressing misconceptions and cultural taboos around menstruation.

### Advocating Child & Reproductive Health :

- Ensuring child rights towards holistic development in term of health, education, nutrition, child protection and child survival.
- Strengthening statutory mechanism at district, block and panchayat level to address the issue of child labor, child marriage, abuse, child trafficking and education.
- Addressing issues of reproductive health rights for adolescents and mothers.
- Sensitizing government and other stakeholders on above issues and community needs.

### Strengthening Communities :

- Strengthening community groups such as SHGs, women groups, adolescent groups, CBO's/CSO's by building their capacity to realize their rights and entitlements.

### Conducting Training :

- On issues of child and reproductive rights, nutrition, gender, Maternal and child health, menstrual hygiene management and WASH.

### Exploring Communities :

- For networking and participation in different forums and campaigns as well as fund raising opportunities.

## Resource Centre

- Vatsalya provides technical expertise to various agencies including government and judiciary on the issue of Gender Based Sex Selection and PCPNDT Act.
- Vatsalya participates in state and national level forums to advocate policy changes for curbing sex selective eliminations of the girl child.
- It produces training modules and develops IEC materials.
- It conducts quantitative and qualitative research studies.

## Partners

- Vatsalya partners with thousands of peer educators, school teachers, PRI members, and other community level forums to influence holistic community development.
- Vatsalya partners with various state and national level networks and coalitions towards effective collaboration.

## The Non Negotiable

- Transparency, integrity and ownership.
- A desire to serve is vital.
- Focusing on holistic development and empowerment.
- Self Implementation and need-based partnership and support.
- Accountability to all stakeholders